KEREN קרן HAYESOD היסוד
For the People of Israel

ISRAEL IS UNDER ATTACK



HEALING A NATION AT WAR

ENOSH: MENTAL HEALTH SUPPORT FOR YOUTH AND COMMUNITIES IN CRISIS

SUPPORTING THE PROJECT

Keren Hayesod calls upon world Jewry to stand by Israel, as we fight to remove the existential threat from Iran.

Your generous donation of USD $6,400 will support Keren Hayesod programs to strengthen the population of Israel as it engages in a fierce battle to secure the future of its children, and provide 24 urgently needed trauma therapy sessions for a teenager or young adult suffering mental distress due to the ongoing war . This early intervention is a lifeline—and may determine whether a young person breaks down or begins to heal.

Now is the time for global Jewry to stand with Israel's traumatised youth—before their pain becomes permanent.

Keren Hayesod supports millions in Israel and globally, partnering with others to strengthen communities, assist youth, integrate immigrants, and respond to crises. World Jewry has always stood in solidarity with Israel's citizens when the country is at war.

ISRAEL IS AT WAR WITH IRAN!

After decades under the shadow of Iranian threats to destroy Israel; the development of nuclear weapons in Iran; constant attacks by proxies growing in intensity, with the climax on October 7th; and hundreds of missiles launched in two direct attacks from Iran itself, Israel reached reached a critical juncture.– if we do not destroy Iran's nuclear capacity, Iran will destroy the only Jewish State.

On the night between June 12 – 13, the population of Israel were awoken by sirens across the country. A state of emergency was declared. Public gatherings have been restricted. daily life in Israel has once again been disrupted. While the IDF has made unbelievable achievements against military and strategic targets, Iran focuses on harming Israel's civilian population. Israelis live in constant fear and uncertainty.

After nearly two years of war, following wave after wave of trauma since October 7th, 2023, the emotional strain is becoming unbearable—especially for youth and young adults who lack the emotional tools to cope. PTSD, anxiety, depression, and withdrawal are now widespread—and rising.

Teenagers and young adults are experiencing layers of trauma without the life experience or resilience to navigate it. These young people are growing up in an environment of fear, instability, and loss. They are being asked to adapt to a world of uncertainty—carrying too much, for too long, when they are far too young.

RESPONDING TO TRAUMA, LOSS, AND BEREAVEMENT

In partnership with the Jewish Agency for Israel and the Government of Israel, Keren Hayesod-UIA has launched a national mental health and trauma response, powered by ENOSH – The Israeli Mental Health Association.

With 45 years of expertise, 1,200 professionals, 1,000 volunteers, and 85 service centres nationwide, ENOSH is uniquely positioned to deliver immediate and ongoing care to thousands. In 2019, ENOSH was internationally recognised with the Zero Project award for innovation in trauma response.

Since that Black Sabbath in October 2023, Enosh has provided swift responses, offering immediate support and long-term plans to address the psychological impact of the war on individuals and communities. The young population constitutes a particularly high-risk group, which often faces system gaps and delayed response. Enosh offers specialised programs, including prevention and early intervention, programs to treat trauma, loss, and bereavement among individuals aged 10-25, offering tailored intervention services for these individuals.

Urgent trauma intervention

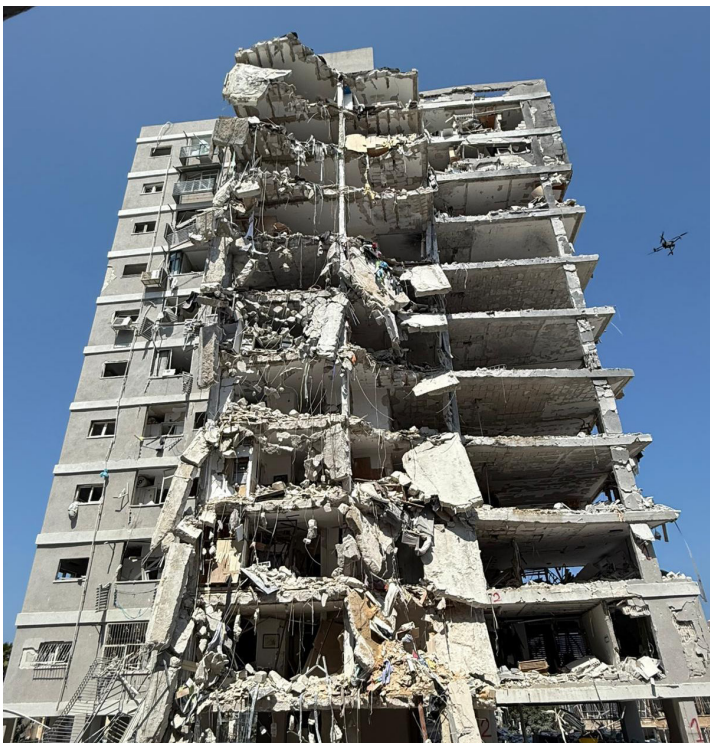
10-25 year olds

24 sessions per individual

Participants benefit from a variety of therapeutic tools aimed at preventing the progression and exacerbation of trauma. These interventions prevent escalation, reduce suffering, and help young Israelis regain a sense of hope and safety.

NOW IS THE TIME TO ACT

Israel is facing is a national trauma event of unprecedented scale. Your support is vital. Partner with us to bring strength to Israel's most vulnerable citizens.





For further information, please contact your local Keren Hayesod - UIA emissary or Projects Department.
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