KEREN קרן HAYESOD היסוד
For the People of Israel

ISRAEL IS UNDER ATTACK



HEALING A NATION AT WAR

REHABILITATING COMMUNITIES IN ISRAEL THERAPEUTIC SURFING FOR YOUTH AND YOUNG ADULTS PROJECT

SUPPORTING THE PROJECT

Keren Hayesod calls upon world Jewry to stand with Israel at this critical hour. As Israel is engaged in a fierce war to secure the future for our children, the emotional cost is mounting for thousands of Israeli civilians living under constant threat.

Your generous contribution of USD $20,000 will support Keren Hayesod programs to strengthen the population of Israel as it fights to remove the existential threat from Iran, and fund one group in a therapeutic surfing course for youth and young adults who are struggling with the traumas of the constant missile barrages. This unique initiative empowers young people to rebuild their inner strength, self-confidence, and sense of stability at this traumatic time.

Keren Hayesod has supported millions across Israel and the Jewish world for over 100 years. We partner with national agencies and local communities to strengthen society, assist youth, integrate immigrants, and provide critical aid in times of crisis. World Jewry has always stood in solidarity with Israel's citizens when the country is at war.

ISRAEL IS AT WAR WITH IRAN!

After decades under the shadow of Iranian threats to destroy Israel; the development of nuclear weapons in Iran; constant attacks by proxies growing in intensity, with the climax on October 7th; and hundreds of missiles launched in two direct attacks from Iran itself, Israel reached a critical juncture.– if we do not destroy Iran's nuclear capacity, Iran will destroy the only Jewish State.

On the night between June 12 – 13, the population of Israel were awoken by sirens across the country. A state of emergency was declared. Public gatherings have been restricted. daily life in Israel has once again been disrupted. While the IDF has made unbelievable achievements against military and strategic targets, Iran focuses on harming Israel's civilian population. Israelis live in constant fear and uncertainty.

After nearly two years of war, following wave after wave of trauma since October 7th, 2023, the emotional strain is becoming unbearable—especially for youth and young adults who lack the emotional tools to cope. PTSD, anxiety, depression, and withdrawal are now widespread—and rising.

Teenagers and young adults are experiencing layers of trauma without the life experience or resilience to navigate it. These young people are growing up in an environment of fear, instability, and loss. They are being asked to adapt to a world of uncertainty, they are carrying too much, for too long, are far too young, and urgently need support to heal and rebuild their lives.

HEALING COMMUNITIES AND PREVENTING PTSD

One particularly powerful therapeutic initiative is **HaGal Sheli ("My Wave")**. In the immediate aftermath of the October 7th massacre, HaGal Sheli launched an emergency therapeutic program titled **Tools From the Waves**, in collaboration with the Israeli Ministry of Defence Rehabilitation Department. The program uses surfing as a therapeutic tool for healing trauma.

Each group of participants meets weekly for 15 sessions of three hours each, combining surfing with structured therapeutic support.

10
Educational Surf Centres across Israel

Over 1,500+
youth participating in activities per year, supported by a team of professionals

10,500
program alumni

Complemented by the expertise of a dedicated team of educators, clinical psychologists, and social workers, Tools from the Waves seeks to swiftly reach as many affected youth and young adults as possible to offer aid, aiming to mitigate the development of PTSD.

Building on its success, this program is more important than ever today, with the relentless barrages of Iranian missiles.





STAND WITH THE ISRAELI PEOPLE NOW

Traumatised youth cannot wait.

This initiative doesn't just offer a few hours of relief at the beach—it prevents the onset of PTSD, reconnects individuals with their inner strength, and helps rebuild fractured communities through the healing power of nature and resilience.

Your support will provide a lifeline to a group of young people struggling to reclaim their inner peace and confidence, build resilience, and restore hope to Israel's vulnerable youth.

For further information, please contact your local Keren Hayesod - UIA emissary or Projects Department.
48 King George St. P.O.B 1991, Jerusalem 9107402, Israel | Tel. +972-2-670-1836 | www.kh-uia.org.il

KEREN HAYESOD קרן היסוד
For the People of Israel